

Fundamental Knowledge of *Abhidhamma*

Lesson – 35 – (Chapter IV)

Cognitive Processes in Attainments (part-1)

Collected By Ven.Paññādhikālaṅkāra

Suggested reading - CMA. p –167 to 169
p –177, 178

- 1) Cognitive process in the First time attainment (*Ādikammika-vīthi*)
- 2) Cognitive process in the attainment (*Samāpatti-vīthi*)

Types of Cognitive process in the Attainments (*Samāpatti-vīthi*)

- 1- The processes in the attainment of *Jhāna* (*Jhāna-samāpatti-vīthi*)**
- 2- The processes in the attainment of *Phala* (*Phala-samāpatti-vīthi*)**
- 3- The processes in the attainment of *Cessation*
(*Nirodha-samāpatti-vīthi*)**

❖ In the cognitive process of attainments, as in the stream of the life-continuum, there is no fixed procedure regarding the processes.

It should be understood that even many (sublime and supramundane) *Javanas* take place (in immediate succession). (See CMA. P-177)

Upacāra-samādhī-javana* – Neighborhood Concentration *Javanas

Pr. (*Parikamma*) = preparation

– because it prepares the the mental continuum for the attainment to follow;

Ac. (*Upacāra*) = access – because it arises in proximity to the attainment ;

Cn. (*Anuloma*) = conformity – because it arises in conformity with
both the preceding moments and the subsequent absorption;

Ch. (*Gotrabhū*) = change-of-lineage –

(In the case of *Jhāna* attainment)

– because it overcomes the sense-sphere lineage and evolves the lineage of sublime.

(In the case of first path attainment)

– because it marks the transition from the lineage of worlding
to the lineage of the noble ones (*Ariya*)

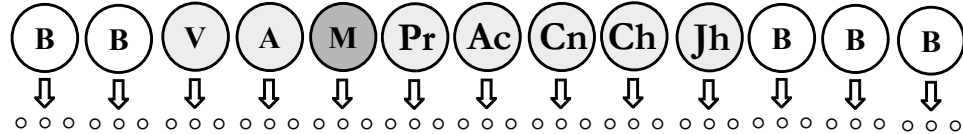
Cl. = Cleansing –(In the case of three higher path attainments)

– as there is no transition of lineage – it is designated by the name of ‘*Vodāna*’

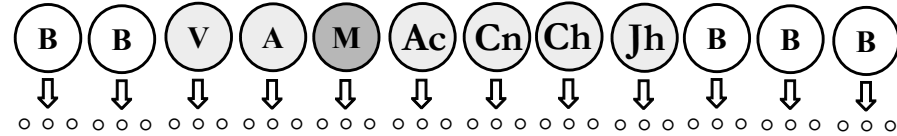
The Processes of the First attainments of *Jhāna* (*ādikammika*)

Samatha Meditation

Average Person
(*Mandapañña*)

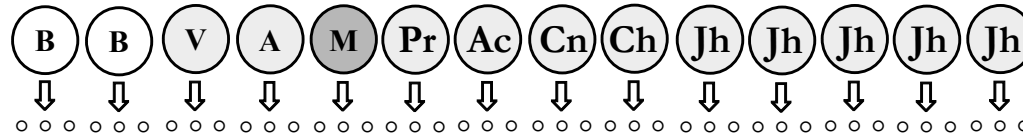


Keen Person
(*Tikkhapañña*)

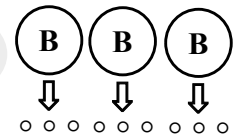


The Processes of the attainments of *Jhāna* (*Samāpatti*)

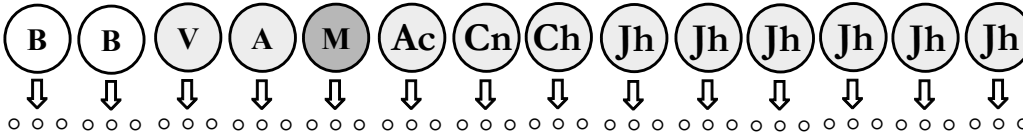
Average Person
(*Mandapañña*)



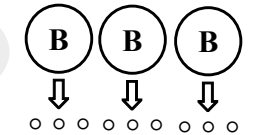
Continues for
many times



Keen Person
(*Tikkhapañña*)



Continues for
many times



❖ The moment of 'jh' extends for many time in the process of attainment. (See CMA. P-177)

Correlations in Absorption

Immediately after a *javana* accompanied by joy,

– absorption accompanied by joy

Immediately after a *javana* accompanied by equanimity

– absorption accompanied by equanimity

Immediately after a **wholesome *javana* –**

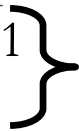
absorption occurs through a wholesome *javana* and the three lower fruits

Immediately after a **functional *javana* –**

absorption occurs through a functional *javana* and the fruit of *Arahantship*

Individuals of the process with Absorption Javana–

(1) Triple-rooted worlding individual – 1
(2) Three lower fruition persons – 3

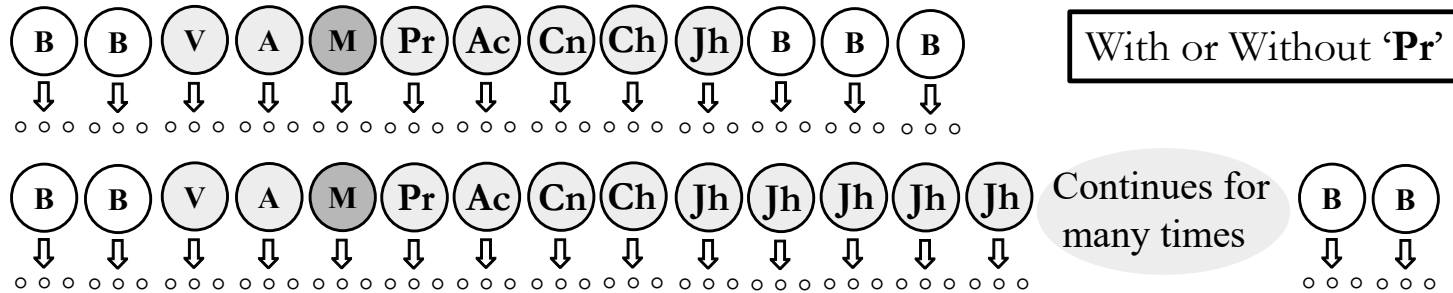


Wholesome Javana

(3) Arahant - 1 ➡ Functional Javanas

Both in Neighborhood Concentration and Absorption Javanas

Types Of the Consciousness in Processes of the Former Four *Jhānas*



Types Of Consciousness : *Bhavaṅga* – Great resultants associated with Knowledge - 4
 'M' – Mind-door-adverting

Upacāra-samādhi-javana – Neighborhood Concentration Javanas

Pr. = preparation; **Ac.** = access; **Cn.** = conformity; **Ch.** = change-of-lineage;

Great **wholesome** cittas, accompanied by joy, associated with Knowledge - 2 (or)

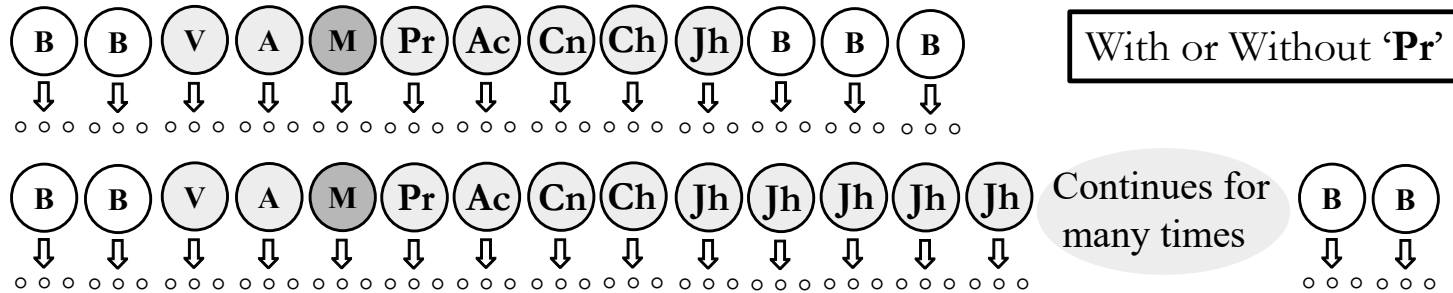
Great **functional** cittas, accompanied by joy, associated with Knowledge - 2

Former four Jhānas are accompanied by joy

Jh. – **Wholesome** fine-material sphere cittas – (former) 4 +

Functional fine-material sphere cittas – (former) 4

Types Of the Consciousness in Processes of the Fifth *Jhānas*



Types Of Consciousness : *Bhavaṅga* – Great resultants associated with Knowledge - 4
 'M' – Mind-door-adverting

Upacāra-samādhī-javana – Neighborhood Concentration Javanas

Pr. = preparation; **Ac.** = access; **Cn.** = conformity; **Ch.** = change-of-lineage;

Great **wholesome** cittas, accompanied by equanimity, associated with Knowledge - 2 (or)

Great **functional** cittas, accompanied by equanimity, associated with Knowledge - 2

Fifth Jhānas and Immaterial Jhānas are accompanied by equanimity

Jh. – **Wholesome** fine-material sphere cittas – (Fifth-Jhāna) 1 +

Functional fine-material sphere cittas – (Fifth-Jhāna) 1

Wholesome immaterial sphere cittas – 4 + **Functional** immaterial sphere cittas – 4

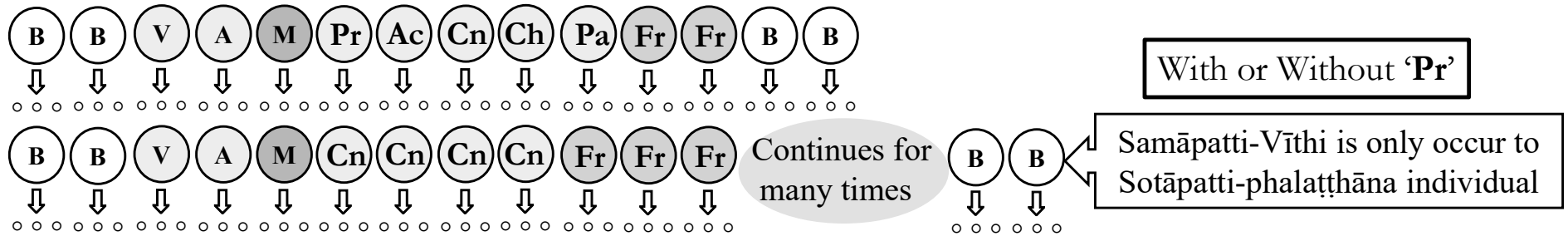
The moment of 'Ch' in attainment of *Sotāpatti-magga* changed to 'Cl' (Cleansing) in the attainment of higher Paths.

Pr. = preparation; **Ac.** = access; **Cn.** = conformity; **Ch.** = change-of-lineage;

Continues for many times

- are named as ‘Conformity’ in the *Phala-smāpatti-vīthi*.

(1) Types Of the Consciousness in Processes of the *Sotāpatti magga and Phala*



Types Of Consciousness : *Bhavaṅga* – Great resultants associated with Knowledge – 4
 Fine-material spere resultant – 5 = 9 (for *Magga-vīthi*)

For the *Samāpatti-vīthi*, with four immaterial resultants – 4 = 13

➤ The first path does not occur in the immaterial-sphere plane (P.182)

– **Neighborhood Concentration Javanas – Pr. Ac. Cn. Ch.**

Great wholesome cittas, associated with Knowledge - 4

Triple-rooted Worlding individual
 Up to the moment of 'Ch'

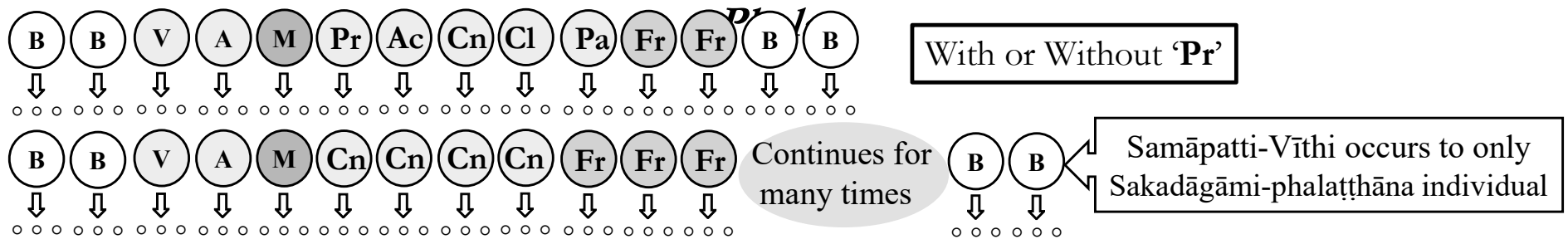
Pa. – Sotāpatti-magga cittas – 1

Sotāpatti-maggaṭṭhāna individual (only one moment)

Fr. – Sotāpatti-magga cittas – 1

Sotāpatti-phalaṭṭhāna individual
 (Starting from the first moment of 'Fr')

(2) Types Of the Consciousness in Processes of the *Sakadāgāmi magga* and



Types Of Consciousness : *Bhavaṅga* – Great resultants associated with Knowledge – 4
 Fine-material spere resultant – 5 + four immaterial resultants – 4 = 13
 (Same in both magga-vīthi and phala-Samāpatti-Vīthi)

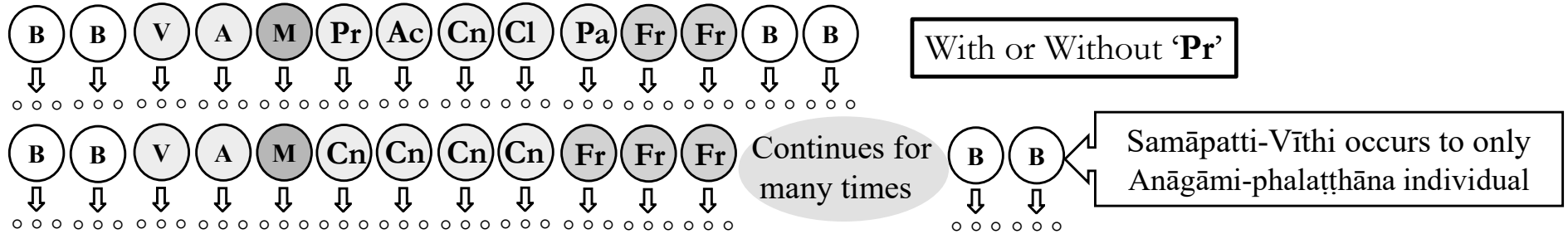
– Neighborhood Concentration Javanas – Pr. Ac. Cn. Cl.

Great wholesome cittas, associated with Knowledge - 4 ← Sotāpatti-phalaṭṭhāna individual
 Up to the moment of 'Cl'

Pa. – Sakadāgāmi-magga cittas – 1 ← Sakadāgāmi-maggaṭṭhāna individual (only one moment)

Fr. – Sakadāgāmi-magga cittas – 1 ← Sakadāgāmi-phalaṭṭhāna individual
 (Starting from the first moment of 'Fr')

(3) Types Of the Consciousness in Processes of the *Anāgāmi magga* and *Phala*



Types Of Consciousness : *Bhavaṅga* – Great resultants associated with Knowledge – 4
 Fine-material spere resultant – 5 + four immaterial resultants – 4 = 13
 (Same in both magga-vīthi and phala-Samāpatti-Vīthi)

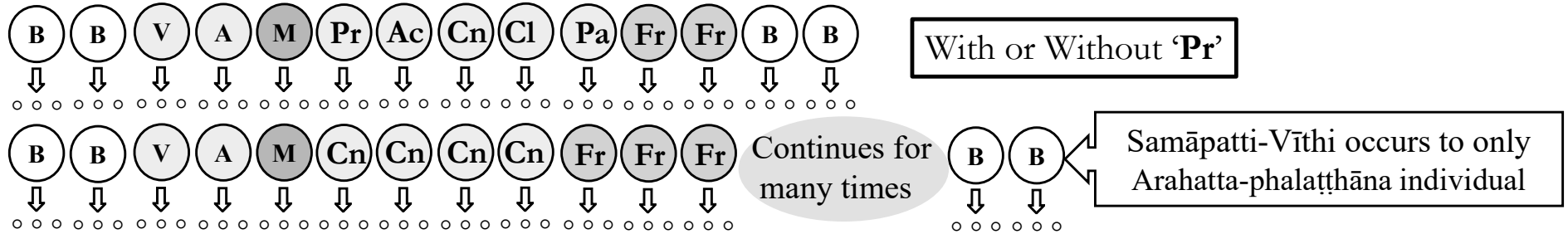
– Neighborhood Concentration Javanas – Pr. Ac. Cn. Cl.

Great wholesome cittas, associated with Knowledge - 4 ← Sakadāgāmi-phalaṭṭhāna individual
 Up to the moment of 'Cl'

Pa. – Sakadāgāmi-magga cittas – 1 ← Anāgāmi-maggaṭṭhāna individual (only one moment)

Fr. – Sakadāgāmi-magga cittas – 1 ← Anāgāmi-phalaṭṭhāna individual
 (Starting from the first moment of 'Fr')

(4) Types Of the Consciousness in Processes of the *Arahatta magga and Phala*



Types Of Consciousness : **Bhavaṅga** – Great resultants associated with Knowledge – 4
 Fine-material spere resultant – 5 + four immaterial resultants – 4 = 13
 (Same in both magga-vīthi and phala-Samāpatti-Vīthi)

– **Neighborhood Concentration Javanas – Pr. Ac. Cn. Cl.**

Great wholesome cittas, associated with Knowledge - 4

Anāgāmi-phalaṭṭhāna individual
 Up to the moment of 'Cl'

Note – Cn. moments in the phala-samāpatti-vīthi of Arahant–

Great functional cittas, associated with Knowledge - 4

Pa. – Sakadāgāmi-magga cittas – 1

Arahatta-maggaṭṭhāna individual (only one moment)

Fr. – Sakadāgāmi-magga cittas – 1

Arahatta-phalaṭṭhāna individual
 (Starting from the first moment of 'Fr')